Mentioned below are few women who have outdone the feminine definition, who stood out in the society and earned recognition for themselves.



Dr. Saba exemplifies the concept of using business to serve humanity; she is a self-made businesswoman, a Psychologist as well as an ardent philanthropist. She has helped millions of underserved women and children in South and Southeast Asia, South America, Africa and the U.S. and gained access to life-saving medical and educational services to achieve economic stability. Dr. M. Saba was born and brought up in Malaysia to a modest family who instilled a very strong work ethic in her that helped her to succeed in business while working for underserved. As a child, Dr. M. Saba has been considerate for less fortunate and she would bring clothes and books to shelters and spend time with the people. She was backed by her parents who emphasized and motivated her to follow the compassion and make the world better for them.

In 2002, Dr. M. Saba launched "The Saba Family Foundation' to serve as the umbrella organization for all of her philanthropic efforts and activities. The foundation's focus is on healthcare, education and human rights. The organization has undertaken numerous projects in the respective fields including partnering with Stanford Medical Center to train physicians from developing countries; disseminating preventative health information on HIV/AIDS, immunizations, gastric and



reproductive health; providing vocational education for women in Togo, West Africa; and supporting human rights issues around the world. She worked with President Clinton on many global initiatives and was jointly featured in multiple newspapers and magazines.

Dr. Saba received the Kalpana Chawla 2005 award for 'Outstanding Woman Of The Year' from the friends of Indian community, Los Angeles, the Mother Theresa award in 2004 from the friends of Indian community of Los Angeles, the 2007 Ambassador of Peace award from the federation of peace in London, the 2001

Entrepreneur of the Year - Business Women & Network Washington D.C., and the 2005 Philanthropist of the Year award by "Pratham' an NGO promoting education.

Dr. M. Saba continued her path from 2005 to 2015 building her businesses, while continuing to mentor, teach and fund local initiatives. She currently heads a global company that has over 1 billion revenue. The Saba Family Foundation also educates and assists how to report cyberbullying, physical bullying, verbal bullying, social bullying and workplace bullying. In its 17 years of journey, the foundation partnered with Aman Movement that invests in Social Value, Humanity Crew (1-year project) that addresses bullying of refugee children residing in Athens, Greece and UNICEF Australia that aims to improve the safety and well-being of children in school in Australia.



Taking a leap forward, in 2017, Ms. Saba founded 'UpCara'; a Sanskrit term which means to access and serve. UpCara is a nonprofit organization within the Saba Family Foundation to provide access to preventative healthcare and human rights for at-risk women who have been dealing with aforesaid issues, with a concentration on older women's health concerns. Saba Industries finances Dr. M. Saba's philanthropic works which are a group of commodities companies she founded in Asia. The commodities are rice, iron ore mining and gold. Saba Industries exports 500,000 tons of rice worldwide. The company's iron ore is utilized in making steel and its gold is used for crafting jewelry and producing technology products.

The Company adhers to environmental guidelines for rice farming and mining, and employs 3,750 local workers.

With an aim and vision to help one billion people around the world, she has helped them to have access to basic healthcare amenities, education facilities and opportunities to help them in breaking the cycle of poverty, and educate people on human right issues. She believed that, we take necessities of life for granted if given to underserved people will empower them and improve their and their children's lives to a great extent."

An avid writer, successful businesswoman and a brilliant researcher, she wants to work relentlessly to provide access to women and children through the life span, not only for preventive health but social and economic gain. She continues to speak in global forums and intends to impact policies globally across governments. Dr. Saba has also devoted her time in writing "The Abbreviated Cook," a compilation of quick and easy recipes offering a twist on traditional South and Southeast Asian dishes.

