

# Advantages Of Buying A Home With A Spare Room

The decision to purchase a home with a spare room can unlock numerous benefits

Dr Malini Saba | Updated: Tuesday, January 23, 2024, 08:41 PM IST



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In the hustle and bustle of modern life, the quest for tranquillity within one’s home has become paramount. Picture having a dedicated space where the chaos of daily life is left behind – a retreat to focus on work, studies, or personal well-being. The decision to purchase a home with a spare room can unlock the door to creating this haven. Let’s delve into the myriad benefits of having an additional space and how it can substantially elevate your quality of life.

**Home office haven:** With the contemporary shift towards remote work, the importance of a dedicated home office cannot be overstated. Transforming a spare room into a workspace provides the luxury of a defined area for professional tasks. This separation enhances concentration during work hours and facilitates a complete disconnection at the end of the day. No more scrambling to find a quiet corner during crucial video meetings or dealing with a cluttered kitchen table doubling as a workspace.

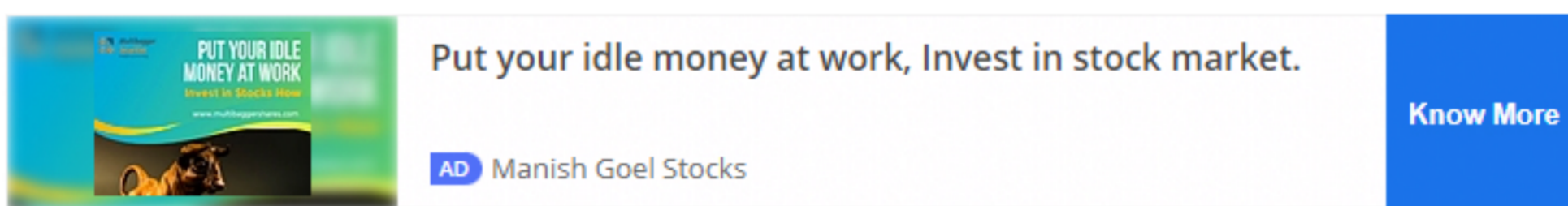
**Calm study nook:** For students and lifelong learners, having a tranquil study space is paramount. A spare room can effortlessly be transformed into a distraction-free study nook, custom-tailored to support your educational endeavours. Whether preparing for an exam, working on a research project, or simply indulging in a good book, this quiet area fosters concentration and intellectual development.

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**Yoga and meditation retreat:** Prioritising physical health and mindfulness is integral to a balanced lifestyle. Convert a spare room into a serene space for yoga or meditation, offering a peaceful environment for introspection and renewal. This dedicated space becomes an oasis, allowing you to embark on a self-discovery journey away from the daily commotion, strengthening the connection between your body and mind.



**Work at night uninterrupted:** For night owls or those with work commitments extending into late hours, a spare room is the perfect solution. Tackle assignments, attend online conferences, or finalise crucial presentations without disturbing your household. Simultaneously, your family members can carry on with their evening activities without the need for caution around your makeshift office in shared spaces.

**Identify affordable choices:** Dispelling the misconception that acquiring a home with an additional room is financially burdensome, extended suburban areas across the Mumbai Metropolitan Region, provide ideal opportunities for affordable housing. Investigating these regions reveals that enhancing your quality of life doesn’t necessarily equate to a hefty financial strain.



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**Space versatility benefits:** The flexibility inherent in having a spare room is one of its primary advantages. Over time, this space can adapt to your evolving needs. What starts as a home office can transform into a playroom for kids, a welcoming guest room, or even a haven for pursuing hobbies. This adaptability ensures that, as your lifestyle changes, your home can seamlessly accommodate your requirements without necessitating extensive modifications.

**Personal space and privacy:** Amid the hustle of a bustling household, finding solitude can be a challenge. A spare room offers a sanctuary away from the clamour and pressures of everyday life. It becomes your private retreat, where you can unwind and strike a balance between work and personal life. The ability to close the door and establish a clear boundary between private and shared spaces contributes to overall harmony within the home.

Purchasing a home with a spare room extends benefits beyond the additional square footage. It’s about crafting a space that caters to your unique desires and preferences – a retreat within your own home. Whether your aspirations involve academic excellence, career success, or simply achieving a more balanced lifestyle, that extra room might be the catalyst for transformative change. As you embark on the journey to find your ideal home, consider the untapped potential of that additional space and welcome the limitless possibilities it presents.

**(The writer is a self-made businesswoman, philanthropist, psychologist, a single mother, a fitness enthusiast, an author, environmentalist, a passionate cook, a human and social rights activist, and a global advocate for women and girls)**